



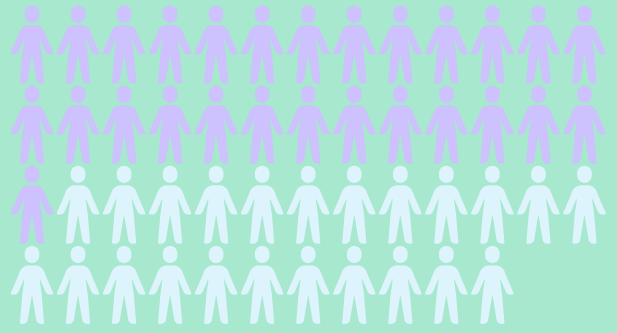
# PHYSICIAN BURNOUT

A Brief Look at the Numbers

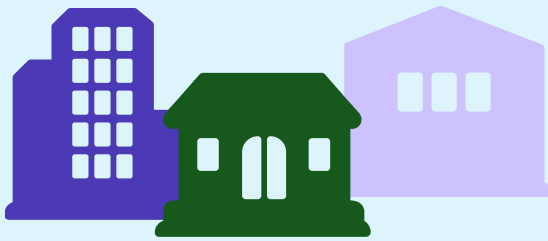
Burnout impacts health care organizations around the country

## 35-54% PHYSICIANS AFFECTED BY BURNOUT

Burnout affects between 35%-54% of U.S. nurses and physicians in addition to 45%-60% of medical students and residents(1).



## BURNOUT COSTS \$4.6 BILLION



In the U.S., approximately \$4.6 billion in costs a year is related to physician burnout, due to physician turnover and reduced productivity (2).

## 30% LEAVING HEALTHCARE

A Washington Post- Kaiser almost 30% are considering leaving health care due to pandemic-related burnout (3).



## TIME ON EHR 19-41 HOURS



Studies estimate that physicians spend anywhere from 19 (4) to 41 (5) hours each week in their EHR.

**COMMIT TO REDUCING PHYSICIAN BURNOUT TODAY!**

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2. Han S, Shanafelt TD, Sinsky CA, et al. Estimating the attributable cost of physician burnout in the United States. *Annals of Internal Medicine*. 2019;170(11):784. doi:10.7326/m18-1422

3. Wan W. Burned out by the pandemic, 3 in 10 health-care Workers consider leaving the profession. *The Washington Post*. <https://www.washingtonpost.com/health/2021/04/22/health-workers-covid-quit/>. Published April 23, 2021. Accessed September 29, 2021.

4. Attipoe S, Huang Y, Schweikhart S, Rust S, Hoffman J, Lin S. Factors associated with electronic health record usage among primary care physicians after hours: Retrospective cohort study. *JMIR Human Factors*. 2019;6(3). doi:10.2196/13779

5. Ramrakhiani NS, Shetler K. Time spent on ambulatory electronic health records outside of scheduled work hours by gastroenterology physicians. *American Journal of Gastroenterology*. 2019;114(1). doi:10.14309/01.ajg.0000594200.02704.c9